

# **WPF MEET DIRECTORS AGREEMENT**

## **Minimum Requirements**

### **1. Executive Officers and working Personnel**

**1) Accommodation (hotel) shall be organised and paid for the following officers and working personnel:**

#### **Technical Officer:**

**Full reimbursement of hotel room costs (minimum 3 star hotel including breakfast). This is to be booked**

**directly by the Meet Director.**

**a) EPC Championships: duration of stay or up to 5 nights max**

**b) WPF Championships: duration of stay or up to 7 nights max**

**All other EPC/WPF Executive Officials and Referees shall be paid expenses as contribution to the cost of their**

**Hotel rooms. This will only be applicable for the days they work in an official capacity, Referee etc. The**

**amount paid will be for the cost of the room (including breakfast) to a maximum amount of £50/75E per night**

**or whichever is the lower cost.**

#### **Duration of reimbursement:**

**a) EPC Championships: duration of stay or up to 3 days max.**

**b) WPF Championships: duration of stay or up to 4 days max.**

**The WPF understands however, that the ability of a Meet Director to cover the cost of the above detailed**

**expenses is dependent both on the Championship event in question and on the number of entered competitors.**

**The WPF does not in any way expect any Meet Director to make a loss promoting a WPF sanctioned event.**

**Therefore, if the Meet Director is not able to cover the full costs, partial reimbursement shall be made, as**

**agreed between the Meet Director and Officials on duty.**

**Please note, the exception to the above is the Technical Officer, whose hotel accommodation must be**

**paid by the Meet Director.**

### **2) Entry in to Championships for WPF/EPC Officials - Food provided for Working Officials:**

**The WPF/EPC agreed guidelines are:**

**a) Up to four competitors, allows one coach to be permitted free access, to a maximum of four coaches per nation.**

**The courtesy of free access shall also be extended to all Officiating Referees.**

**Meet Director s of WPF/EPC Championships shall provide for the Referees and the WPF/EPF official s free**

**meals and non-alcoholic drinks each competition day served in the competition area throughout the duration of**

**the competition. The number of daily servings shall be dependent on length of the competition day.**

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**Only Referees and WPF/EPC Officials that work with official duties during a competition day shall be granted**

**such benefits from the Meet Director.**

**Members of the WPF/EPC Executive Committee will have free entry to any Powerlifting competition**

**organised by a member federation or its affiliates.**

## **2. Championship General Information**

**1) A suitable hall with a separate sufficiently sized warm-up room/area and weigh-in room. The competition area**

**must be of sufficient size to accommodate the anticipated number of spectators shall be provided. There should be**

**sufficient space for the platform, referees, loaders, administration table and lights**

**2) Entry deadline is to be one calendar month prior to the competition start date. Entry forms may be sent directly to**

**the Meet Director. The Meet Director may arrange the scheduling of the competition if he has sufficient**

**experience. Otherwise the WPF will arrange the competition schedule. The WPF Technical Officer must approve**

**the scheduling of flights in consultation with the Meet Director.**

**3) Entry fee must not exceed 50 Euro per entered category.**

**4) It is the Meet Directors responsibility to identify those lifters from non-affiliated participating countries. For these**

**lifters, there will be an additional fee of 25 euro or equivalent. This additional fee allows the lifters temporary**

**membership of the WPF for the duration of the competition and also entitles them to championship titles and**

**records. This money is to be paid to the WPF Treasurer before start of the competition.**

**5) Detailed travel information shall be provided to each Nations WPF/EPC representative.**

**6) Hotel information and tariffs must be made available at point of invitations sent out. It as been seen where**

**available, that it is most practical to have the competition venue in the hotel.**

**7) National flag of participating countries is to be displayed throughout the competition. It shall be the responsibility**

**of each participating country to supply their national flag.**

**8) WPF World Championships banner to be posted behind the platform. Available from the WPF.**

**9) National anthem of best overall winners and best team to be played at the awards ceremony. It shall be the**

**responsibility of each participating country to supply their national anthem (on CD). In the absence of this, the**

**national anthem of the host nation shall be played.**

**10) The competition shall be run only according to the WPF Rulebook.**

## **3. Championship Platform Equipment and Specifications**

**1) Equipment in sound working order is to be supplied by the Meet Director. This is to consist as a minimum of:-**

### **COMPETITION AREA**

**A competition platform with minimum dimensions of 2.5 x 2.5 meters. The platform must have a non-slip**

**covering such as carpet. Loose mats are not allowed.**

**A squat machine (Monolift or comparable machine), if available, or a pair of solid stands on the competition platform.**

**A regulation Benchpress bench.**

**SQUAT BAR: a 25kg (240cm max length - 32mm max diameter) Squat bar, if available.**

**Otherwise the**

**standard 20kg (220cm max length 28 to 29mm diameter) Powerlifting bar is to be used.**

**BENCHPRESS BAR: a regulation 20kg (220cm max length 28 to 29mm diameter)**

**"Powerlifting" bar. It**

**shall not be an Olympic "weightlifting" bar.**

**DEADLIFT BAR: a 20kg (230cm max length - 27mm min diameter) Deadlift bar, if available.**

**Otherwise the**

**standard 20kg (220cm max length 28 to 29mm diameter) Powerlifting bar is to be used. The use of a 20kg**

**(220cm max length - 29mm max diameter) Olympic Competition "weightlifting" bar is acceptable.**

**Certified weights as follows:**

**a) 6x50 & 2x25 -or- 14x25, 2x20, 2x15, 2x10, 2x5, 2x2.5, 2x1.25 and record discs of 1, 0.50& 0.25 kilo.**

**(The use of 25-kg weights has now been shown to be more practical)**

**A brush for cleaning the bar on the platform. A fibre brush is recommended.**

**Chalk/Magnesia shall be provided on the platform.**

**Baby powder is not allowed.**

**Pool chalk for legs for dead lift.**

**One dead lift bar lifting lever.**

**Disinfecting material (bleach) for cleaning blood on the bar shall be supplied.**

**A minimum of 15 chairs for competitors near platform**

## **WARM-UP AREA**

**A minimum of three warm-up room platforms. Preferably more.**

**A minimum of three pairs of squat stands. Preferably more.**

**A minimum of three regulation bench press benches. Preferably more.**

**Bars are to be provided to furnish the number of warm up platforms as required, preferably similar to the bars**

**used on the competition platform.**

**Weights shall be supplied in sufficient quantity and quality in regulation size and weight in warm-up room.**

**A brush for cleaning the bar. A fibre brush is recommended.**

**Chalk/Magnesia shall be provided in the warm-up room.**

**Baby powder is not allowed.**

**Pool chalk for legs for dead lift.**

**Disinfecting material (bleach) for cleaning blood on the bar shall be supplied.**

**A minimum of 30 chairs for competitors.**

**If in doubt on any of the above, please refer to the WPF General Rules.**

**2) Sufficient provision of spotters and loaders.**

**5 for the Squat, 3 for the Benchpress & Deadlift. These are minimum requirements.**

**4**

**3) Score-table crew consisting of a minimum of a Speaker, a Scorekeeper, a Timekeeper and a referee.**

**4) Scoreboards, preferably one per flight capable of taking 15 names and sufficient in number to accommodate the**

**day s competition. Computer scoring with an extra TV monitor or projector is recommended.**

**Either or both must**

**be visible for competitors, coaches, officials and audience.**

**Where an extra TV monitor or projector is used, it must be a fixed representation of the day s scores and**

**scoreboard. It must not be a reflection of the scorers PC, which is constantly changing as the results are added.**

**5) Appropriate light box for Referee's decisions. Emergency red and white flags to be available in case of failure.**

**6) Provision of Trophies or Medals (equivalent value)**

**First three places in all categories.**

**Best lifter trophies for best Teen/Junior, Master, and Open men and best woman. (More women's divisions**

**may be made if the number of female competitors is high enough).**

**Best team trophy for Bench Press team and Powerlifting team.**

**Certificate of participation for all competitors, officials and helpers.**

**7) Competition (and attempt) cards shall be provided by the WPF.**

**8) Podium to accommodate 1st, 2nd and 3rd place winners.**

**9) Loudspeaker link between the warm up area and the competition area is required.**

**4. Miscellaneous**

**1) Tourist information packs for each Nations WPF/EPC representative sent out with invitations for persons attending.**

**Many competitors bring their Partners will want to visit the city and area.**

**5. Acceptance to be signed**

**This agreement sets out the minimum requirements for any Meet Director of a National Federation to run a WPF/EPC approved competition. If you accept the above please sign, detail position in which signed and date.**

**If for any reason you have difficulty in providing any of the above items please list and return with this signed agreement.**

**I/We accept that no financial liability will be incurred on the WPF/EPC or its Officials in promoting these championships.**

**I agree that the venue and equipment requirements as listed above can be provided by me at the following:**

.....Championship

Meet Directors Signature ..... Date

WPF/EPC Nations Representative Signature..... Date

**Please Return to:**

**Courtney Stanley : Secretary World Powerlifting Federation  
51 – Meadowcrest Drive  
Parkersburg,WV. USA 26104  
<mailto:webmaster@wpfpowerlifting.com>**